



# Hungarian Down Foundation

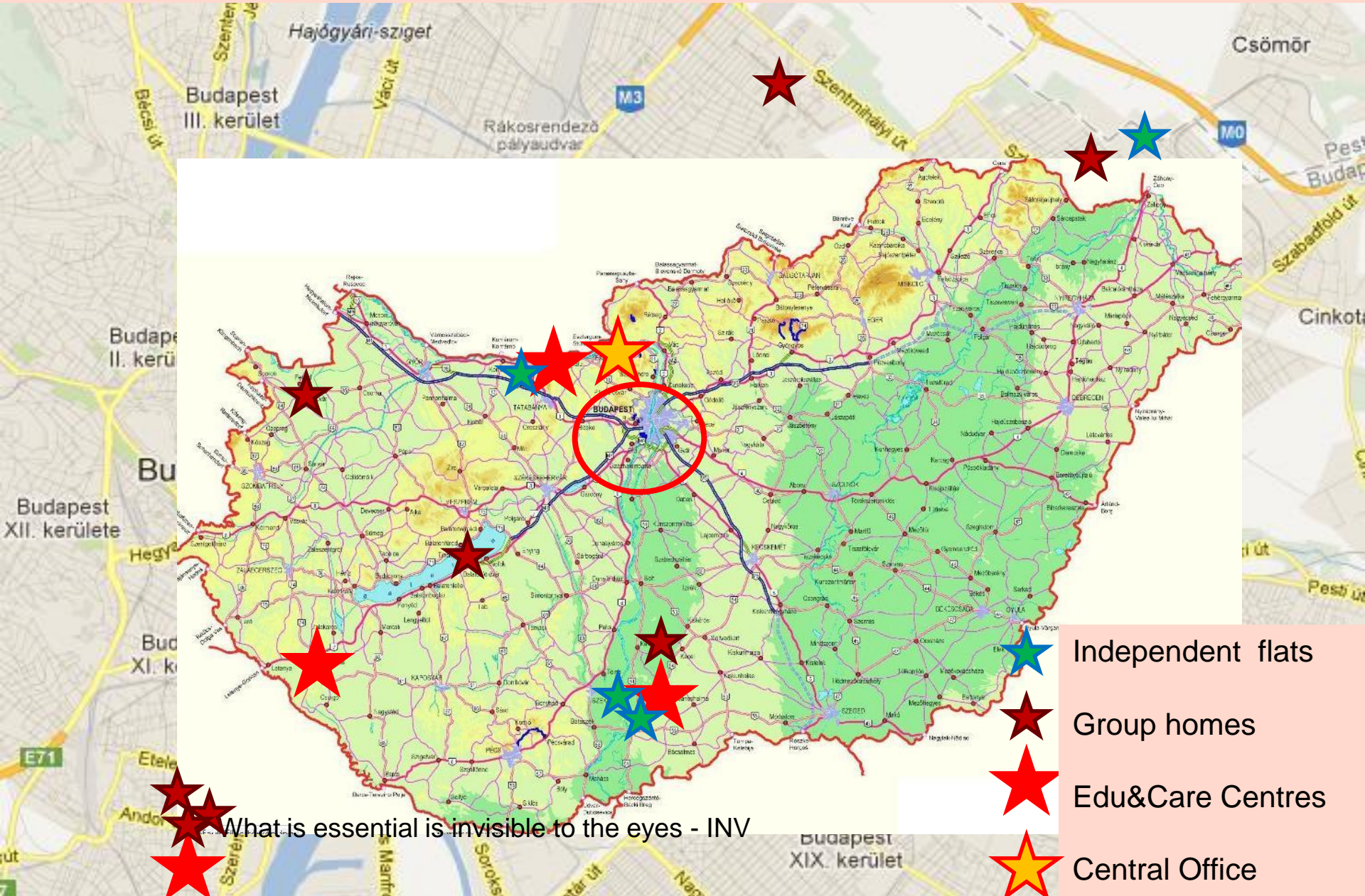
**A comprehensive support programme  
for children and adults with an intellectual disability**

**Katalin Gruiz, president**

What is essential is invisible to the eyes - INV



# WHO AND WHERE WE ARE







## OUR GOALS

- The goal of our activities is to ensure that as many children with intellectual disability as possible are brought up within their own families and live an independent life as an adult.
- To assure this, the Foundation provides a range of support services to parents, children, adults and elderly ID persons.
- To demonstrate viability, efficiency and sustainability of community based services (an alternative to institutionalization) we have built up and maintained a 'cradle to grave' model system based on normalization and integration and the holistic principle.

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# OUR ACTIVITIES

## Services for children and families

- First aid from parents to parents: 'Down Nanny service';
- Out-patient-clinic: Down Ambulance;
- Early development center and advisory service for parents;
- Respite-care (crisis) homes

## Services for adults

- 2 Day care centres
- 7 Group-homes
- 3 Sheltered workplaces
- Independent life in own homes
- Home and care for elderly

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# OUR ACTIVITIES

## Education for clients

- Vocational training
- Independent life skills
- Supported decision making
- Independent living / household, etc.

## Education for professionals

- „Menthall accessibility” & easy to read teaching materials
- Holistic services for intellectually disabled persons
- Empowering ID persons for independent life
- Ethics of social assistance and escorting
- Normalisation, integration, inclusion

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# OUR ACTIVITIES

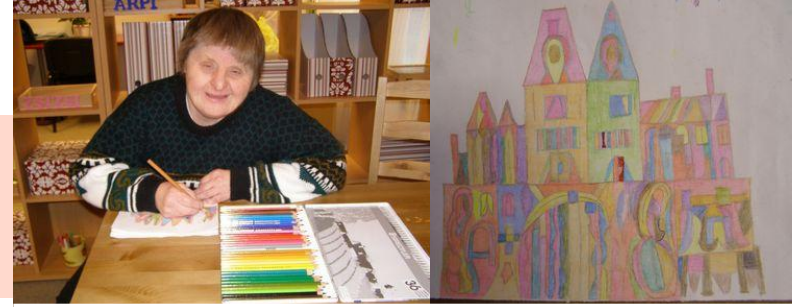
## General

- Talent management, creative studios
- Music and dance
- Recreation, sports, summer holidays
- WEB-based knowledge base

## Contextual

- Advocacy
- Research and development
- Risk- and quality management
- Publishing
- Promoting social acceptance

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# OUR EXPECTATIONS FOR THIS PROJECT

- New pedagogical model for the development of independent life skills of mid-severe ID clients
- New training methods for trainers, social workers
- New motivation for innovative teaching methods in the practice
- Higher efficiency in empowerment of our clients
- Long term cooperation with DS organisations of Italy and Spain
- Mutual benefit from international experience
- New impetus in disseminating innovative methods and building a relevant knowledge-base

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# OUR PAST EXPERIENCE WITH PEOPLE WITH SEVERE DISABILITIES

- A holistic service system ensuring life-long support for children and adults with an ID
- Teaching and trainings for
  - empowerment
  - decision making
  - good performance
  - independent life skills,
  - rights and duties,
  - self advocacy
- Care and employment
  - career guidance
  - sheltered workplaces
  - vocational training
  - on the labour market
- Housing
  - group homes
  - independent living
- Mental accessibility
  - Public agencies
  - service providers
  - [Spot](#): „Patience, helpfulness! Make the services accessible for everyone!“

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